



Yoga Dance

| DAY | TIME | CLASS TYPE | INSTRUCTOR/ VENUE |
|-----|-------------------|---------------------------|---|
| WED | 8.45am to 9.45am | Yoga Dance | Sherlyn/ Desa Parkcity Club (for member only) |
| THU | 7.00pm to 8.00pm | Belly Dance + Yoga Fusion | Sherlyn/ OhanaJo Studio |
| SAT | 9.15am to 10.15am | Yoga Dance | Sherlyn/ Yo'me |

Belly Dance

| Day | Time | Class Type | Instructor/ Venue |
|-----|-------------------|------------------------------------|---|
| MON | 7.30pm to 8.30pm | Intermediate level | Sherlyn/ Caterpillar |
| | 8.30pm to 9.30pm | Beginner | |
| TUE | 9.15am to 10.15am | Basics Belly Dance | Sherlyn/ OhanaJoStudio |
| | 7.45pm to 8.45pm | Beginner | Sherlyn/ Desa Parkcity Club (for member only) |
| WED | 7.30pm to 8.30pm | Intermediate level | Sherlyn/ Caterpillar |
| THU | 11.00am - 12.00pm | Intermediate to advance Bellydance | Sherlyn/ Caterpillar |
| | 7.00pm to 8.00pm | Belly Dance + Yoga Fusion | OhanaJo Studio |

Last Updated: April 9, 2018 1:23 am