



Yoga Dance

DAY	TIME	CLASS TYPE	INSTRUCTOR/ VENUE
WED	8.45am to 9.45am	Yoga Dance	Sherlyn/ Desa Parkcity Club (for member only)
THU	7.00pm to 8.00pm	Belly Dance + Yoga Fusion	Sherlyn/ OhanaJo Studio
SAT	9.15am to 10.15am	Yoga Dance	Sherlyn/ Yo'me

Belly Dance

Day	Time	Class Type	Instructor/ Venue
MON	7.30pm to 8.30pm	Intermediate level	Sherlyn/ Caterpillar
	8.30pm to 9.30pm	Beginner	
TUE	9.15am to 10.15am	Basics Belly Dance	Sherlyn/ OhanaJoStudio
	7.45pm to 8.45pm	Beginner	Sherlyn/ Desa Parkcity Club (for member only)
THU	11.00am - 12.00pm	Intermediate to advance Bellydance	Sherlyn/ Caterpillar
	7.00pm to 8.00pm	Belly Dance + Yoga Fusion	OhanaJo Studio

Last Updated: November 8, 2018 1:10 pm